

Great Lakes Global TaeKwon-Do

INVITATIONAL TOURNAMENT

Saturday August 7, 2010

All Students~ All Ranks

Competition includes: Individual Patterns,
Sparring, Power Breaking, and team Patterns

To Be held at

Great Lakes Global Taekwon-Do

5429 Schultz Drive

Sylvania, Ohio 43560

Registration: 9:00 a.m.– 10:00 a.m.

Competition: 10:00 a.m.

Cost \$15.00 2 events

\$20.00 3 event

\$25.00 4 events

Drinks and food/Snacks available for purchase courtesy of Parent organization

Great Lakes Global TaeKwon-Do

5429 Schultz Drive
Sylvania, Ohio 43560
Phone: 419-882-9934
Email: Carol@greatlakestaekwon-do.com

Contact for more information: Carol Van Zile



Patterns: Competitors current rank form or 1 gup below

Sparring: Continuous 2 minutes, ITF rules

Power Breaking will consist of side piercing kick, Turning kick, and hand break (either knife hand or punch). Competitor will do all 3.

Team patterns: 3-5 person team. Optional pattern choice.

Black belt meeting 9:45 a.m.

Review of Rules and procedures for competitors 10:00

Great Lakes Global Invitational Tournament

August 7, 2010 10:00 a.m.

Registration begins 9:00 a.m.

<p>ENTRY FEE (CHECK ONE)</p> <p><input type="radio"/> 2 EVENTS-\$15.00</p> <p><input type="radio"/> 3 EVENTS-\$20.00</p> <p><input type="radio"/> 4 EVENTS-\$25.00</p>	<p>Make checks payable to G.L.G. Taekwon-Do</p>	<p>TEAM PATTERNS 3—5 person teams</p> <p><input type="radio"/> Color Belt</p> <p><input type="radio"/> Black Belt</p> <p>Team Name _____</p>
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INDIVIDUAL EVENT SELECTION

- Patterns
- Sparring
- Breaking

Age:

- 4-7 yrs (mixed gender)
 - 8-10 yrs (mixed gender)
 - 11-13 yrs (male & female division in sparring)
 - 14-16 (male & female division in sparring)
 - 17-34 yrs (male & female division in sparring)
 - 35 yrs and older
- (Check appropriate circles)

Rank

- white Belt 10-9 gup
- Yellow Belt 8-7 gup
- Green Belt 6-5 gup
- Blue Belt 4-3 gup
- Red Belt 2-3 gup
- Black Belt

Name: _____ Age _____ sex _____

Rank: _____ Instructor _____ School _____

By signing the above, I understand that martial arts is a contact activity and in the course of Martial arts, injuries can be sustained. In consideration of your acceptance of my entry, I do hereby for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for damages which may have or may hereafter accrue to me against the tournament director, Great Lakes Global Taekwon-do the owners, agents, employees and/or representatives for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the elimination tournaments or which may arise out of traveling to, participating in, and returning from such meet. I fully understand that any medical treatment given will be of first aid nature only.

Signature of Contestant: _____ Date: _____

Signature of Parent/Legal Guardian if under age 18 _____